

**HOPE**  
**4OWA**  
CRISIS CALL LINE

**84-HOPE-4-IOWA**

Improving mental  
wellness, hope  
& outcomes  
for residents of  
Southwest Iowa  
in times of crisis.

**844-673-4469**



The **HOPE 4 IOWA** Crisis Call Line connects individuals in crisis to a helping hand and the resources to address and improve mental wellness. **Available 24/7.**

For residents of Cass, Fremont, Harrison, Mills, Monona, Montgomery, Page, Pottawattamie or Shelby counties.

**844-673-4469** [hope4iowa.org](http://hope4iowa.org)  
[hope4iowa@boystown.org](mailto:hope4iowa@boystown.org)

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